

Figure Skate Care and Information

Protecting Your Blades

NEVER walk on concrete, metal, or any other hard surfaces while wearing your skates without guards!

Only use hard blade guards to walk around in your skates when not on the ice.

Always wipe any ice or moisture off the blade after each skate use.

Never store your blades with the hard blade guards still on, use the soft soaker guards instead.

Ice Skate Survival Kit (many items can be purchased from the club)

Hard Blade Guards: To protect your blades when walking on hard surfaces such as concrete, tile, or rock.

Soft Soakers Guards: To absorb moisture off the blade during storage and after skating.

Towel: To wipe down the blade after skating.

Skating Bag: To carry skates and other items.

All of these items can be purchased online or through the club; inquire at the check-in table.

Breaking in New Skates

All skates take time to break in, but will eventually feel more comfortable.

To help mold the leather to your feet more quickly:

- put on a pair of warm, wet cotton socks.
- put your skates on and lace up.
- sit with your skates on like this for 30 minutes several times until skates feel more comfortable.

Wear them often.

Sizing

All skates should fit snugly.

Skates should fit tight around the ankle to protect it.

Toes should be a thumb's width from the end of the boot.

When skating, the ankles should be straight. If they are not, the blade may need to be moved or there is a fitting

Sharpening

Skates will need to be sharpened every few months.

When the skater notices that his or her feet are slipping on the ice, it is probably time to get the skates sharpened.

The skate blade will be sharp. Never grab the skate by the blade, because it may cut you.

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